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Deep Learning–based Approach for Brainstem and Ventricular MR Planimetry: Application in Patients with Progressive Supranuclear Palsy

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Conflicts of interest are listed at the end of this article.

See also the commentary by Mohajer in this issue.

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Purpose: To develop a fast and fully automated deep learning (DL)–based method for the MRI planimetric segmentation and measurement of the brainstem and ventricular structures most affected in patients with progressive supranuclear palsy (PSP).

Materials and Methods: In this retrospective study, T1-weighted MR images in healthy controls (n = 84) were used to train DL models for segmenting the midbrain, pons, middle cerebellar peduncle (MCP), superior cerebellar peduncle (SCP), third ventricle, and frontal horns (FHs). Internal, external, and clinical test datasets (n = 305) were used to assess segmentation model reliability. DL masks from test datasets were used to automatically extract midbrain and pons areas and the width of MCP, SCP, third ventricle, and FHs. Automated measurements were compared with those manually performed by an expert radiologist. Finally, these measures were combined to calculate the midbrain to pons area ratio, MR parkinsonism index (MRPI), and MRPI 2.0, which were used to differentiate patients with PSP (n = 71) from those with Parkinson disease (PD) (n = 129).

Results: Dice coefficients above 0.85 were found for all brain regions when comparing manual and DL-based segmentations. A strong correlation was observed between automated and manual measurements (Spearman $\rho > 0.80$, P < .001). DL-based measurements showed excellent performance in differentiating patients with PSP from those with PD, with an area under the receiver operating characteristic curve above 0.92.

Conclusion: The automated approach successfully segmented and measured the brainstem and ventricular structures. DL-based models may represent a useful approach to support the diagnosis of PSP and potentially other conditions associated with brainstem and ventricular alterations.

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Quantitative MRI analysis plays an important role in Characterizing brain changes associated with aging processes and neurodegenerative diseases (1–3). Brain morphometric features based on MRI segmentation have been proven able to provide unique information for differentiating patients with parkinsonian syndromes (4,5). In particular, brainstem and ventricular planimetric measurements have been proposed as reliable and informative imaging biomarkers to support the diagnosis of progressive supranuclear palsy (PSP) (4,6–9). Indeed, several studies have consistently shown that the degree of atrophy of these regions accurately differentiates patients with PSP from patients with other atypical parkinsonian disorders and Parkinson disease (PD), and combined planimetric measures of the brainstem, namely the midbrain to pons area ratio (MP) and the MR parkinsonism index (MRPI), are considered level 3 diagnostic biomarkers for PSP (6,10–13). More recently, a new version of the MRPI (ie, MRPI 2.0) that includes combined planimetric measures of brainstem and ventricular regions has been developed and showed

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Abbreviations

AUC = area under the receiver operating characteristic curve, DL = deep learning, FHs = frontal horns, MCP = middle cerebellar peduncle, MP = midbrain to pons area ratio, MRPI = magnetic resonance parkinsonism index, PSP = progressive supranuclear palsy, SCP = superior cerebellar peduncle

Summary

The deep learning–based method developed using T1-weighted MR images provided fast and accurate planimetric segmentations and measurements of the brainstem and ventricular structures most affected in patients with progressive supranuclear palsy.

Key Points

- A deep learning–based method provided robust brainstem and ventricular segmentation on T1-weighted images compared to manual-based segmentation (mean Dice coefficients > 0.85).
- The automated approach took less than 2 minutes per case to segment and measure specific brainstem and ventricular structures.
- The deep learning-based approach proved to be a valuable tool for assisting radiologists in the fast and accurate assessment of planimetric measurements of brainstem and ventricular regions, which are primarily affected in patients with progressive supranuclear palsy.

Keywords

MR Imaging, Brain/Brain Stem, Segmentation, Quantification, Diagnosis, Convolutional Neural Network

higher accuracy than MRPI in differentiating patients with PSP parkinsonism from patients with PD (14).

Currently, manual segmentation is considered the reference standard for planimetric and volumetric measurements of brain structures at MRI. However, this approach is time- and resourcedemanding and prone to inter- and intrarater variability, especially for small brain regions, thus limiting the usability of the above-mentioned neuroimaging biomarkers in routine clinical practice (15). To overcome these issues, several studies have developed semi- or fully automated segmentation methods, adopting threshold- and landmark-based approaches (13,16,17), as well as atlas-based segmentation strategies (18,19). This decade, deep learning (DL) techniques have also been employed for the rapid and accurate segmentation of brain regions (20-22). DL models learn to capture relevant features from raw images through a sequence of contracting and expanding paths of convolutions (encoder and decoder components) and generate as final output the desired segmentation masks (23,24). However, to the best of our knowledge, DL-based segmentation has never been applied to the planimetric segmentation and measurement of brainstem and ventricular regions.

In the current study, we developed and validated an automated approach for the planimetric segmentation and measurement of brainstem and ventricular structures using DLbased models on volumetric T1-weighted MR images. First, DL-based segmentation models were trained to automatically delineate the midbrain and pons, middle and superior cerebellar peduncles, and the third and lateral ventricles. Second, the accuracy of each DL-based segmentation model was assessed on internal, external, and clinical test datasets. Third, DLbased segmentations were used to automatically quantify the area of midbrain and pons, the width of the middle cerebellar peduncle (MCP) and superior cerebellar peduncle (SCP), and the width of the third ventricle and frontal horns (FHs). Finally, these planimetric measurements were combined to calculate the MP, MRPI, and MRPI 2.0 and differentiate patients with PSP from those with PD.

Materials and Methods

Dataset Description

In this retrospective study, a total of 389 T1-weighted images were used for training and testing of each DL model (Table 1). First, we randomly selected 120 controls (age range, 40-80 years) from the Parkinson's Progression Markers Initiative dataset (https://www.ppmi-info.org/access-data-specimens/download-data). A 70:30 ratio was used to split the sample into the training $(n = 84; \text{ mean age, } 60.41 \text{ years } \pm 12.73 \text{ [SD]})$ and internal test (n = 36; mean age, 58.51 years \pm 9.86) datasets. One individual was excluded from the internal test dataset due to signal intensity artifacts in the data. Next, 35 controls (mean age, 61.51 years ± 7.38) from the Frontotemporal Lobar Degeneration Neuroimaging Initiative (https://4rtni-ftldni. ini.usc.edu/) and 35 (mean age, 65.37 years ± 4.53) from the Alzheimer's Disease Neuroimaging Initiative (https://adni.loni. usc.edul) were used as external test sets. Finally, MR images in 71 patients with PSP-Richardson syndrome, (58 [mean age, 70.57 years ± 7.16] from the 4-Repeat Tauopathy Neuroimaging Initiative [http://4rtni-ftldni.ini.usc.edu] and 13 [mean age, 70.46 years ± 3.07] from the Center for Neurodegenerative Diseases and the Aging Brain of the University of Bari at Pia Fondazione Cardinale G. Panico) and 129 age- and sexmatched patients with PD (98 [mean age, 68.45 years ± 5.51 years] from the Parkinson's Progression Markers Initiative dataset and 31 [mean age, 69.88 years ± 5.34 years] from the Center for Neurodegenerative Diseases and the Aging Brain) were used as clinical test dataset. T1-weighted images were acquired with 1.5-T and 3-T MRI scanners from different vendors and with a wide variety of high-resolution sequences (Table S1). All individuals provided informed consent, and the protocol was approved by the institutional review board at all sites.

Preprocessing

MR images were first processed with Automatic Registration Toolbox software (ART; Nitric *https://www.nitrc.org/projects/ art*) to automatically reorient images and define the midsagittal section and the anterior and the poster commissures (25,26); the images were then resampled into a $256 \times 256 \times 512$ -mm³ volume. Next, the intensity range of each two-dimensional section used for manual segmentation and as input for the DLbased models was individually transformed to a 0–1 range using min-max normalization.

Manual Segmentations

Manual segmentations of brainstem and ventricular regions were performed on preprocessed T1-weighted images by a radiologist (R.D.B., with more than 30 years of experience as

Table 1: Den	Training Dataset	Internal Test Dataset	s Included in Training, Inferr		nal, External, and Clinical Test Datasets Clinical Test Dataset			
Variable	PPMI HC (<i>n</i> = 84)	PPMI HC (<i>n</i> = 35)	FTLDNI HC (n = 35)	ADNI HC (<i>n</i> = 35)	PPMI PD (<i>n</i> = 98)	4RTNI PSP (<i>n</i> = 58)	CMND PD (<i>n</i> = 31)	CMND PSP (<i>n</i> = 13)
Male/female ratio	50:34	20:15	12:23	14:21	46:52	24:34	20:11	9:4
Age (y)*	60.41 ± 12.73	58.51 ± 9.86	61.81 ± 7.38	65.37 ± 4.53	68.45 ± 5.51	70.57 ± 7.16	69.88 ± 5.34	70.46 ± 3.07
MRI manu- facturer	Philips GE Siemens	Philips GE Siemens	Siemens	Philips GE Siemens	Philips GE Siemens	Siemens	Philips	Philips

Note.—Unless otherwise specified, data are numbers. ADNI = Alzheimer's Disease Neuroimaging Initiative, CMND = Center for Neurodegenerative Diseases and the Aging Brain, 4RTNI = 4-Repeat Tauopathy Neuroimaging Initiative, FTLDNI = Frontotemporal Lobar Degeneration Neuroimaging Initiative, HC = healthy controls, PD = Parkinson disease, PPMI = Parkinson's Progression Markers Initiative, PSP = progressive supranuclear palsy.

* Values are means ± SDs.

a neuroradiologist), who was blinded to the patients' diagnoses. Manual segmentation of the midbrain and pons was performed as described in previous studies (10,11). In particular, the midbrain tegmentum and a line passing through the superior pontine notch and the inferior edge of the quadrigeminal plate were used to define the upper and bottom borders of the midbrain, respectively. A second line, parallel to the first line passing through the inferior pontine notch, was drawn to define the margins of the pons. The MCP masks were drawn in 12 consecutive sections around the midsagittal plane using the regions of interest previously described in Nigro et al (13). These sections were automatically chosen to expose the MCP between the pons and the cerebellum. For manual segmentation of the SCP, MR images were first automatically reformatted in the anteroposterior direction to identify the first view on which inferior colliculi and SCPs were separated (13). Subsequently, manual segmentation of the SCP was performed in three consecutive sections. To expose the third ventricle and the FHs of the lateral ventricles, T1-weighted images were automatically reformatted in axial view using the anterior commissure-posterior commissure plane (14). Next, the third ventricle was segmented on the axial section generated at the level of both the anterior and posterior commissures, and the FHs were delineated on 10 consecutive axial sections. All manual segmentations were performed using an in-house-developed tool.

ResNet50 Architecture for Automated Segmentation

MR images exposing brainstem and ventricular regions of interest and corresponding manual segmentations were used as input to construct DL models (Fig 1). Specifically, a DL-based segmentation model was developed for each target structure by using a network based on encoder-decoder architecture, that is, ResNet-50–U-Net (27,28). The encoder ResNet-50 extracted features from the original image, and the decoder U-Net completed the fusion of information based on these features, thereby completing the pixel-by-pixel prediction of input image. In more detail, ResNet-50 is a 50-layer convolutional neural network that uses skip connections to propagate information over layers, allowing for increased depth of the network and higher performance levels compared with other models (27). The ResNet-50 was pretrained on the ImageNet 2012 classification dataset (https://www.image-net.org/), which comprises 1000 classes and 1.28 million training images. The pretrained weights were obtained from a public repository (https:// github.com/fchollet/deep-learning-models/releases/download/v0.2/ resnet50_weights_tf_dim_ordering_tf_kernels.h5). The training of each DL model was performed in five epochs using the Adam optimizer with an initial learning rate of 0.01. Moreover, data augmentation was used to increase the size of the training dataset to enhance the performance of DL models. Specifically, data augmentation was achieved by rotating (-30° < angle θ $< 30^{\circ}$) and translating images by -20% to 20% on the x- and y-axis independently. All models were implemented in a Keras framework (https://github.com/keras-team), with Python version 3.6.9 and TensorFlow version 2.4.1 on an NVIDIA Quadro RTX 4000 (8 GB) graphics processing unit. Codes are available at https://github.com/divamgupta/image-segmentation-keras.

Automated Planimetric Measurements Using DL-based Segmentations

The pipeline for the automated DL-based segmentation and measurement of brainstem and ventricular structures is shown in Figure 2. Using the DL outputs, the midbrain and pons areas were calculated by counting the number of pixels belonging to each mask. Next, the MCP width was quantified by extracting the contour of each DL-based binary mask and then calculating the distances between the most caudal point of the upper profile and the most rostral point of the inferior profile (13). For the SCP width, the symmetry axis was automatically defined for the left and right peduncle masks, and the width of each structure was calculated as the largest distance between the medial and lateral borders of the mask (13). This procedure was applied on the three consecutive sections, and the average SCP width was



Figure 1: Data processing for deep learning (DL) model training and testing. Manual segmentations of the brainstem and ventricular regions were performed using preprocessed T1-weighted images from the training dataset (red arrows). The neural networks were then trained using manual segmentations (left panel). The trained models were applied to internal, external, and clinical test images (blue arrows) to output the masks of midbrain, pons, middle cerebellar peduncles, superior cerebellar peduncles, third ventricles, and frontal horns (right panel). Finally, the performance of the DL-based models was evaluated by comparing the pixelwise agreement between the predicted segmentation and its corresponding manual ground truth. ADNI = Alzheimer's Disease Neuroimaging Initiative, CMND = Center for Neurodegenerative Diseases and the Aging Brain, 4RTNI = 4-Repeat Tauopathy Neuroimaging Initiative, FTLDNI = Frontotemporal Lobar Degeneration Neuroimaging Initiative, PD = Parkinson disease, PPMI = Parkinson's Progression Markers Initiative, PSP = progressive supranuclear palsy.

calculated. The third ventricle width was defined as the maximum distance between the lateral borders of its mask. For each axial section showing the FHs of the lateral ventricles, the largest width was considered (17) as the maximum distance between left to right FHs. Finally, MP, MRPI, and MRPI 2.0 were calculated as previously described (10,11,14).

Statistical Analysis

To explore accuracy of the DL results, automated segmentations were compared to manual tracing by calculating Dice coefficients in the internal, external, and clinical test datasets. In particular, the Dice score was calculated using the following formula: $(2 \times TP)/[(TP + FP) + (TP + FN)]$, where TP, FP, and FN indicated the number of true-positive, false-positive, and false-negative pixels, respectively. A Dice score of 1 reflects a perfect spatial correspondence between the automated and manual masks, whereas a score of 0 indicates no agreement. As an additional measure of the DL models' efficacy, automated planimetric measurements conducted on DL-based masks were compared to those manually performed by an experienced radiologist as described in previous studies (10,11). The Mann-Whitney U test was used to assess differences between automated and manual measurements for each brain region. The agreement between automated and manual measures was

assessed through Spearman rank correlation coefficient analysis and concordance correlation coefficients. Moreover, Spearman correlation analysis was used to assess the relationship between brainstem and ventricular planimetric features. Receiver operating characteristic curve analysis was used to assess the diagnostic performance (area under the receiver operating characteristic curve [AUC], sensitivity, and specificity) of planimetric measurements in differentiating patients with PSP from those with PD. The Youden index (ie, sensitivity + specificity –1) was used to identify the optimal cutoff values. Finally, the AUCs of DL-based and manual measurements of the MP, MRPI, and MRPI 2.0 were compared using the nonparametric methods developed by DeLong et al (29). Statistical analyses were performed using MATLAB R2021a version 9.10.0 (MathWorks). *P* values less than .05 were considered statistically significant.

Results

Comparison of Manual and Automated Segmentations in Internal, External, and Clinical Datasets

Figure 3 shows box plots of the Dice overlap for each brain structure in the internal, external, and clinical test sets. The mean Dice scores comparing automated to manual segmentations were higher than 0.90 for the midbrain, pons, MCP,



Figure 2: Pipeline for the automated planimetric deep learning-based segmentation and measurement of the brainstem and ventricular structures. AC = anterior commissure, FH = frontal horn, MCP = middle cerebellar peduncle, PC = posterior commissure, SCP = superior cerebellar peduncle, 3rd V = third ventricle.

third ventricle, and FHs in each dataset and were 0.87, 0.89, and 0.88 for the SCP on the internal, external, and clinical test sets, respectively. A graphic representation of the DL-based segmentation outputs is shown in Figure 4.

Comparison between Manual and Automated Measurements in Internal, External, and Clinical Datasets

No evidence of differences was found between automated and manual measurements for the internal and external test datasets (Table 2). A significant correlation emerged, for both datasets, between automated and manual measurements for all brain regions (Spearman correlation coefficient ranging between 0.80 and 0.96) (Fig 5). A correlation coefficient of 0.90 or higher was found between automated and manual values for the midbrain, pons, third ventricle, and FHs, while a correlation coefficient equal to 0.89 and 0.80 was found for the MCP and SCP, respectively. The strong agreement between automated and manual measurement was also shown by the concordance correlation coefficients, with values above 0.80 for all brain structures (Fig 5). No evidence of differences was found between automated and manual measurements for patients with PD and PSP (Table 3). Finally, a strong correlation was observed between automated and manual measurements for all brain structures, with Spearman correlation coefficients ranging between 0.84 and 0.99 (Figs S1 and S2).

Evaluation of DL-based and Manual Planimetric Measurements in Patients with PD and PSP

A significant difference in automated measurements of the single brain regions was found between patients with PSP and



Figure 3: Comparison of automatic and manual segmentations, using Dice similarity coefficients, in the internal, external, and clinical test datasets. ADNI = Alzheimer's Disease Neuroimaging Initiative, CMND = Center for Neurodegenerative Diseases and the Aging Brain, 4RTNI = 4-Repeat Tauopathy Neuroimaging Initiative, FHs = frontal horns, FTLDNI = Frontotemporal Lobar Degeneration Neuroimaging Initiative, HC = healthy controls, MCP = middle cerebellar peduncle, PD = Parkinson disease, PPMI = Parkinson's Progression Markers Initiative, PSP = progressive supranuclear palsy, SCP = superior cerebellar peduncle, 3rd V = third ventricle.



Figure 4: Examples of automated deep learning-based segmentations performed on T1-weighted images acquired with different scanner manufacturers and MRI protocols.

patients with PD (Table 3, Fig 6). Correlation analyses also revealed significant relationships among brainstem and ventricular planimetric features (Fig S3). Concerning combined planimetric indices, automated MP values were significantly lower in patients with PSP (median = 0.15, range = 0.10-0.26) than in patients with PD (median = 0.24, range = 0.19-0.30). Automated MRPI and MRPI 2.0 values were significantly higher in patients with PSP (MRPI: median = 17.38, range = 7.69-

	Internal Test Dataset (PPMI)		External Test Dataset (FTLDNI)		External Test Dataset (ADNI)	
Parameter	Automated Measurements	Manual Measurements	Automated Measurements	Manual Measurements	Automated Measurements	Manual Measurements
Midbrain (mm ²)	141.69 ± 18.24	141.31 ± 18.21	137.09 ± 20.22	135.34 ± 21.61	136.91 ± 13.02	142.86 ± 14.64
Pons (mm ²)	535.09 ± 47.61	527.40 ± 43.36	532.97 ± 61.19	520.23 ± 63.70	537.20 ± 54.90	538.91 ± 55.31
MCP (mm)	9.21 ± 1.23	8.90 ± 0.94	9.75 ± 0.72	9.31 ± 0.76	9.39 ± 1.07	9.21 ± 1.00
SCP (mm)	3.52 ± 0.46	3.55 ± 0.37	3.66 ± 0.40	3.66 ± 0.38	3.76 ± 0.30	3.67 ± 0.40
Third ventricle (mm)	4.31 ± 1.42	4.48 ± 1.38	4.29 ± 1.74	4.5 ± 1.4	4.41 ± 1.93	4.77 ± 1.89
FHs (mm)	33.60 ± 3.34	34.33 ± 2.91	33.57 ± 3.45	34.45 ± 3.95	33.38 ± 4.55	32.80 ± 4.66
MP	0.27 ± 0.03	0.27 ± 0.03	0.26 ± 0.03	0.26 ± 0.03	0.26 ± 0.03	0.27 ± 0.03
MRPI	10.06 ± 1.80	9.52 ± 1.47	10.55 ± 1.67	9.95 ± 1.39	9.89 ± 1.68	9.63 ± 1.81
MRPI 2.0	1.28 ± 0.41	1.24 ± 0.43	1.36 ± 0.60	1.34 ± 0.52	1.31 ± 0.58	1.42 ± 0.61

Table 2: Manual and Automatic Measurements of Brainstem and Ventricular Regions, MP, MRPI, and MRPI 2.0 in Test Datasets

Note.—Values are means ± SDs. Each dataset consists of 35 healthy controls. No evidence of statistically significant differences was found in each dataset between automated and manual measurements. ADNI = Alzheimer's Disease Neuroimaging Initiative, FHs= frontal horns, FTLDNI = Frontotemporal Lobar Degeneration Neuroimaging Initiative, MCP = middle cerebellar peduncle, MP = midbrain to pons area ratio, MRPI = MR parkinsonism index, PPMI = Parkinson's Progression Markers Initiative, SCP = superior cerebellar peduncle.



Figure 5: Correlations between manual and automated planimetric measurements in internal and external test datasets. CCC = concordance correlation coefficient, FHs = frontal horns, MCP = middle cerebellar peduncle, rho = Spearman correlation coefficient, SCP = superior cerebellar peduncle, 3rd V = third ventricle.

Table 3: Automated and Manual Measurements of Brainstem and Ventricular Regions
MP, MRPI, and MRPI 2.0 in Patients with PSP and Patients with PD

	Automated N	Aeasurements	Manual Measurements		
Parameter	Mean ± SD	Range	Mean ± SD	Range	
Patients with PD $(n = 127)$					
Midbrain (mm ²)	128.35 ± 16.56	84-172	133.61 ±17.16	85–181	
Pons (mm ²)	533.72 ± 52.51	414-662	546.61 ± 54.44	421-680	
MCP (mm)	9.30 ± 0.87	6.7–11.42	9.27 ± 0.93	6.20-11.03	
SCP (mm)	3.72 ± 0.47	2.41-5.04	3.66 ± 0.46	2.51-5.11	
3rd V (mm)	5.80 ± 1.98	1.50-11.50	6.22 ± 2.00	2.00-11.50	
FHs (mm)	36.45 ± 4.29	27.02-51.09	35.51 ± 4.48	23.00-51.01	
MP	0.24 ± 0.03	0.19-0.30	0.24 ± 0.03	0.18-0.35	
MRPI	10.64 ± 1.85	6.81–17.69	10.59 ± 1.85	6.84-17.01	
MRPI 2.0	1.70 ± 0.62	0.35-3.31	1.86 ± 0.67	0.55-4.10	
Patients with PSP $(n = 67)$					
Midbrain (mm²)	73.31 ± 17.44	41-132	76.91 ± 16.53	42-127	
Pons (mm ²)	463.61 ± 59.91	344-623	470.46 ± 58.81	356–627	
MCP (mm)	8.39 ± 1.05	5.67-10.40	8.31 ± 0.98	5.30-11.00	
SCP (mm)	3.11 ± 0.45	2.10-4.24	2.94 ± 0.50	2.00-4.35	
3rd V (mm)	8.27 ± 2.36	1.50-14.50	8.91 ± 2.56	1.00-15.00	
FHs (mm)	39.10 ± 4.86	31.02-51.00	38.05 ± 4.83	29.50-49.09	
MP	0.16 ± 0.03	0.10-0.26	0.16 ± 0.03	0.10-0.24	
MRPI	18.01 ± 5.51	7.69–38.71	18.39 ± 5.44	7.83–35.92	
MRPI 2.0	3.85 ± 1.65	0.78–9.16	4.30 ± 1.89	0.48–9.15	

Note.—FHs = frontal horns, MCP = middle cerebellar peduncle, MP = midbrain to pons area ratio, MRPI = MR parkinsonism index, PD = Parkinson disease, PSP = progressive supranuclear palsy, SCP = superior cerebellar peduncle, 3rd V = third ventricle.



Figure 6: Automated planimetric segmentation of midbrain, pons, MCP, SCP, third ventricle, and frontal horns in a 72-year-old male patient with PD and a 75-year-old male patient with PSP. FHs = frontal horns, MCP = middle cerebellar peduncle, PD = Parkinson disease, PSP = progressive supranuclear palsy, SCP = superior cerebellar peduncle, 3rd V = third ventricle.

Parameter	Automated	Manual	P Value
MP			
Cutoff value	<0.20	<0.20	
Sensitivity (%)	90 (60/67)	88 (59/67)	
Specificity (%)	96 (123/127)	95 (121/127)	
AUC	0.97 (0.94, 0.99)	0.97 (0.95, 0.99)	>.99
MRPI			
Cutoff value	>12.94	>13.00	
Sensitivity (%)	90 (60/67)	88 (59/67)	
Specificity (%)	95 (121/127)	94 (119/127)	
AUC	0.95 (0.92, 0.99)	0.95 (0.91, 0.99)	.87
MPRI 2.0			
Cutoff value	>2.29	>2.41	
Sensitivity (%)	90 (60/67)	87 (58/67)	
Specificity (%)	84 (107/127)	86 (109/127)	
AUC	0.92 (0.88, 0.97)	0.92 (0.88, 0.96)	.97

Table 4: Diagnostic Performance of Automated and Manual MP,

38.71; MRPI 2.0: median = 3.49, range = 0.78-9.16) than in those with PD (MRPI: median = 10.66, range = 6.81–17.69; MRPI 2.0: median = 1.61, range = 0.35–3.31) (Table 3). Similar results were obtained when considering manual measurements (Table 3). Automated planimetric measurements were successfully completed in 97% of cases (194 of 200 total patients); in six cases, the automated approach failed to identify the midsagittal section, leading to incorrect DL-based segmentations and measurements.

Performance of Automated and Manual Measurement in Differentiating Patients with PSP from those with PD

Sensitivity, specificity, and AUC for the automated MP, MRPI, and MRPI 2.0 are reported in Table 4. In the receiver operating characteristic curve analyses, all MRI indices showed an AUC higher than 0.92 in distinguishing patients with PD from patients with PSP. An automated MP value of 0.20 showed 90% sensitivity (60 of 67) and 97% specificity (123 of 127) in differentiating patients with PSP from patients with PD. An MRPI value of 12.94 showed 90% sensitivity (60 of 67) and 95% specificity (121 of 127) in differentiating patients with PSP from those with PD. Finally, an automated MRPI 2.0 value of 2.29 showed 90% sensitivity (60 of 67) and 84% specificity (107 of 127) in differentiating the two groups. Similar classification performance was observed using manual measurements. No evidence of differences was observed in AUC values for MP, MRPI, and MRPI 2.0 between automated and manual approaches (Table 4).

Discussion

In this study, we developed a fully automated, DL-based method using T1-weighted MR images that enables fast and accurate segmentation and measurement of brainstem and ventricular areas most affected in patients with PSP. We observed a high spatial overlap between manual and DL-based masks of the midbrain, pons, MCP and SCP, and third ventricle and FHs (mean Dice coefficients > 0.85). For each region, high agreement was also observed between manual and automated planimetric measurements obtained using DL outputs (Spearman correlation coefficients > 0.80). Moreover, automated measurements showed high accuracy in differentiating patients with PSP from those with PD (AUCs > 0.92 for MP, MRPI, and MRPI 2.0).

Over the past few decades, several automated approaches have been proposed for defining brainstem and ventricular regions (13,16,17,19,30-32). Volumetric approaches have been developed to automatically assess brainstem and ventricular atrophy in several pathologic conditions, using atlas- and DL-based methods (16,18,19,30-33). In particular, DL-based methods implementing multidimensional gated recurrent units and three-dimensional convolutional neural networks with the U-Net architecture have been used this decade to perform accurate volumetry of the ventricles and brainstem, respectively (30,32). Although volumetric approaches could potentially be used to extract planimetric information from specific sections, it is important to note that this solution is not feasible for the particular brain regions investigated in our study due to the lack of a publicly available atlas for three-dimensional segmentation of the MCP on T1-weighted MR images. Moreover, calculating planimetric measures, such as the width of the SCP, requires the identification of specific planes to expose structures of interest, making the use of three-dimensional masks challenging and time-consuming.

Concerning planimetric assessments, automated methods aimed to identify regions of interest using information about the morphology and position of predefined brain structures (13,17). A thresholding-based approach was also used to separate each region from the background by comparing the intensity values of each pixel to a predefined threshold. Moreover, different threshold values were proposed for 1.5-T and 3-T scanners (13). However, errors in the identification of automated anatomic landmarks may arise due to the changes in brain region dimensions associated with interindividual variability and pathologic conditions (6,17). Additionally, in the case of image noise and/or other imaging artifacts, using only first-order features, such as image intensity, may not be sufficient for an accurate brain MRI segmentation (34). To mitigate these problems, existing methods introduced a preprocessing step to register MR images to a standard space and then correct for fluctuation in intensity using the Free-Surfer software package (https://surfer.nmr.mgh.harvard.edu/) (35). Nonetheless, a percentage of failures ranging from 4% to 7.5% was commonly reported for the automated segmentation of brainstem and ventricular regions using the latter approaches (6,13,17). It is noteworthy that the addition of a preprocessing stage substantially increases calculation times (approximately equal to 15 minutes) and the amount of computational resources, making these approaches difficult to use in clinical routines where the time available and the number of resources are often limited.

The present study extended prior efforts by proposing a new approach that uses DL models to perform a faster, more reliable, and generalizable segmentation of brainstem and ventricular structures. Compared to previous approaches, our method requires solely an intensity-normalization preprocessing step to identify regions of interest without the need for a priori anatomic information. This leads to a substantial reduction in segmentation and measurement times (total computational time approximately equal to 2 minutes), while ensuring a negligible rate of failures (ie, 3%). Notably, our method outperforms the manual approach in terms of time, with the latter requiring approximately 10 minutes per individual for brainstem and ventricular segmentation and measurement.

In terms of segmentation accuracy, an average Dice value higher than 0.85 between manual and automated segmentations was observed for each brain region in controls, patients with PD, and patients with PSP. This suggests that the trained model can successfully perform accurate segmentations in pathologic conditions, such as PSP–Richardson syndrome, that are characterized by marked anatomic alterations in the brainstem and ventricular structures. Specifically, we found a mean Dice coefficient above 0.90 for the midbrain, pons, and ventricular regions, in line with previous studies (16,19,30–33). A lower mean Dice coefficient (0.87) was found for the SCP, possibly due to its smaller size compared to the other regions under consideration. Similarly, concerning planimetric assessment, manual and automated measurements showed a strong agreement ($\rho > 0.80$) in controls, patients with PD, and patients with PSP–Richardson syndrome. Finally, PSP imaging biomarkers (ie, MP, MRPI, and MRPI 2.0) computed using the DL-based method exhibited an AUC higher than 0.92 in distinguishing between patient groups, consistent with previous classification studies using automated approaches (4,6,13,17). Notably, the cutoffs identified in this study are consistent with those previously reported in patients with PSP (6,13,14), thereby providing further evidence of the robustness of these MRI indices for PSP diagnosis.

Some limitations of the present study must be acknowledged. First, manual delineation of the brainstem and ventricular regions was performed by a single rater, although with more than 30 years of experience in the field of neuroradiology. Second, PD and PSP cases were not pathologically confirmed. Moreover, we considered only patients with PSP-Richardson syndrome, and further studies are needed to investigate the robustness and usefulness of our approach in other clinical subtypes, such as PSP parkinsonism, and/or considering patients at early disease stages. Third, during the models' training phase, we did not adopt early stopping criteria and cross-validation. Although this can lead to overfitting issues, the optimal segmentation performance displayed by DL-based models in the independent external test datasets indicates their generalizability on new MR images. Fourth, a min-max intensity normalization method was used to transform the image intensity range of MR images used as input to DL-based models. While this approach is commonly used to transform the intensity histogram to a 0-1 range without affecting the image itself, it may be influenced by outliers in the raw intensity values. Finally, although our results showed clear-cut differences between patients with PD and patients with PSP in MP, MRPI, and MRPI 2.0, it is important to highlight that these indices are computed based on brainstem and ventricular morphologic features that are significantly correlated. A high degree of collinearity may increase the risk of observing statistically significant results by chance and make the determination of the individual contribution of each brain region to the indices challenging.

In conclusion, we showed that planimetric quantification of brainstem and ventricular substructures on T1-weighted MR images can be automatically and rapidly performed using a DL-based segmentation approach. Our DL-based segmentation method overcomes the limitations of the previous automated methods and has important implications in the field of neuroradiology. The possibility of using our solution to obtain a rapid and reliable computation of MRI biomarkers for PSP has the potential to lead to more widespread use of brainstem and ventricular planimetry in clinical practice. Moreover, DL masks might be used to extract information on tissue changes that go beyond the classical morphometric properties, such as radiomics features, thus providing complementary information that could potentially improve the differential diagnosis between parkinsonian disorders. 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